

# Fear

with

Carol Ann Gotch &  
David Walsh

March 3, 2012

## Resource People:

Carol Ann Gotch and David Walsh both hold Masters Degrees in Spiritual Theology from the Graduate Theological Union in Berkeley, California, as well as certificates from the Institute of Spirituality, also in Berkeley. They have been involved in spiritual direction for over 40 years, and have been teaching and studying the Enneagram for 30 years. Together they have authored Soul Stuff: Reflections on Inner Work with the Enneagram, and recently released The Heart and Soul of the Enneagram.

[www.inscapesenneagramstudies.ca/](http://www.inscapesenneagramstudies.ca/)

## Location of the event:

St. Benedict's Retreat & Conference Centre, 225 Masters Avenue, Winnipeg, MB. St. Benedict's is located 5-10 minutes north of Winnipeg on the way to Selkirk.

[www.stbens.ca/retreathome.htm](http://www.stbens.ca/retreathome.htm)

## Cost:

For the Saturday workshop is \$100 (includes a snack break and lunch).

Deposit of \$25 due with registration and is non-refundable after February 29th.

Balance payable at the event by cheque or cash.

**Registration deadline:  
February 25th, 2012**

Registration is limited to 25.

Send completed registration form and deposit to:

“Fear Workshop”  
216 Sherburn Street  
Winnipeg, MB R3G 2K6

When you have sent your registration, please e-mail me at [enntain@shaw.ca](mailto:enntain@shaw.ca)

For further information contact Dale by phone at 204-229-7755.

You can also e-mail at [enntain@shaw.ca](mailto:enntain@shaw.ca)



# *Fear*

## **Who is this Event For?**

This event is intended for participants who love the enneagram and have

- \* Have a desire to get in touch with their Fear.
- \* A good understanding of themselves.
- \* a willingness to go deeper.

## **Schedule**

**Saturday, March 3<sup>rd</sup> 2012**

8:30 AM – Registration

9:00 AM - Session begins

Noon – lunch

4:00 PM – We depart

Registration Form

## *Fear*

March 3<sup>rd</sup>, 2012  
St. Benedict's Retreat &  
Conference Centre

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Special Dietary requests and other needs: Please list on a separate sheet and attach it to your registration.

Deposit of \$25 enclosed

Make cheques payable to:

“Enntrain Association”

Fear acts like an alarm with the sensitivity of deer. It ushers us into the unknown and is a gateway to the world of spirit, the ultimate in unknowns.

Fear is natural for us and learning ways to process and move through it without the crippling effects of anxiety or worry are keys to this workshop.

The day will be comprised of practical suggestions and exercises for working with our fears.